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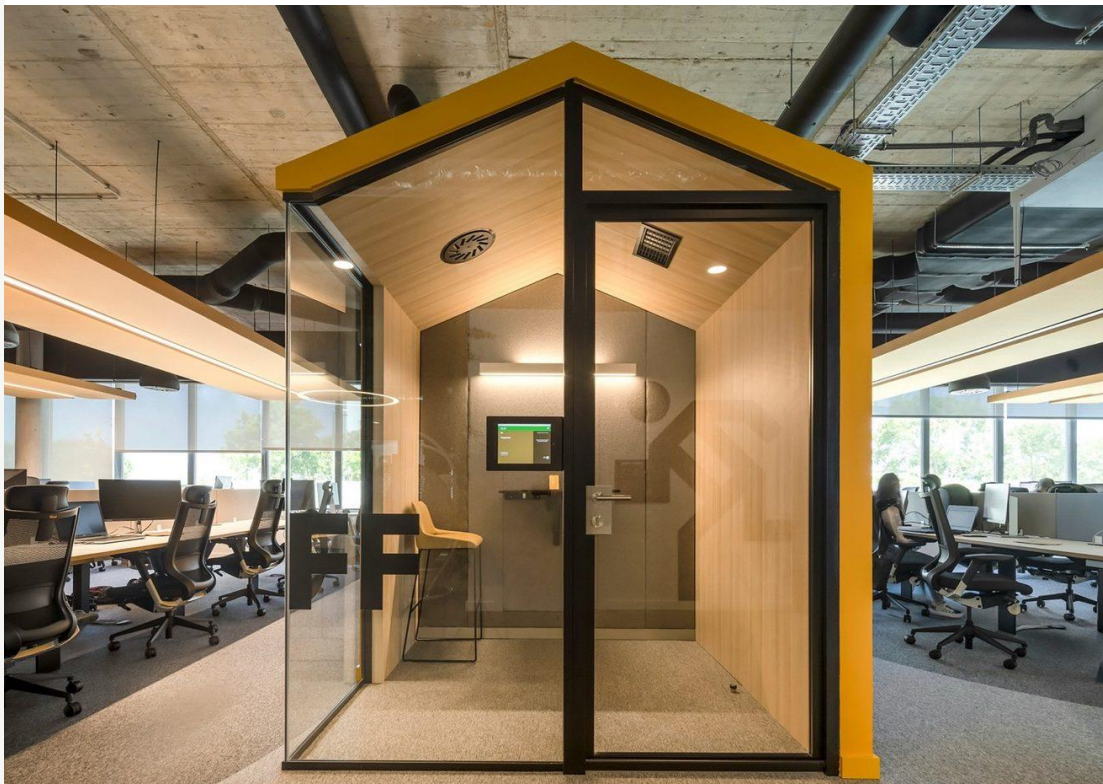
SGBC LUNCH AND LEARN

SGBC Lunch and Learn with Adapt D&B:

Indoor Environmental Quality Strategies

for Green Interiors – Lighting & Acoustics

Thursday, 17 September 2026 | 12:00PM - 2:00PM | In-Person Event



Indoor Environmental Quality (IEQ) is a core pillar of high-performance buildings and a key focus of the new Green Mark for Interiors (GMI) certification scheme. At this SGBC Lunch and Learn, co-organised by SGBC Member Adapt D&B, discover how integrated

IEQ design strategies and measurable performance outcomes can transform interior environments.

Through real-world case studies, the session will demonstrate how effective sustainable interior design can:

- Optimise interior performance and productivity
- Maximise energy savings and contribute to overall reductions in EUI
- Deliver long-term value for Building Owners, Building Managers and Tenants
- Contribute to the Singapore Green Building Masterplan of “80-80-80 in 2030”

Join us at this Lunch and Learn to gain practical, evidence-based insights to guide your next project toward better IEQ outcomes and certification compliance.

Learning Objectives

- An introduction to the GMI lighting and acoustic requirements
- Strategies for designing interiors that support acoustic comfort, lighting comfort and performance

[REGISTER HERE](#)

[PROGRAMME DOCUMENT](#)



LEAD TRAINER

ID1. Lauren Ang

Principal ES Consultant, Adapt D&B LLP

GMAP, SIDAS Class 1, Design IALD

Event Details

12:00PM - 2:00PM

Thursday, 17 September 2026

BCA Academy, 200 Braddell Road,
Singapore 579700 ([Google Maps](#))

Fees (Lunch Included)

SGBC GMPs: \$20

SGBC Member: \$20

CPD Points

SGBC-GMP CPD Points: 2

*Pending application and approval for
the other Professional Qualifications



Limited Places Available

Education Partner:



IMPORTANT NOTES

Please ensure that a valid and active email address is used for registration as the event details will be sent directly to the participants. If you are registering on behalf of a participant, please use their name and contact details for registration.

SGBC reserves the right to amend the event programme without prior notice. SGBC reserves the right to allocate registrations to ensure a well-balanced representation of professions at each event for the best learning outcomes. Professional CPD points will only be awarded after verification of in-person attendance. Full payment must be received at least three days before the event.

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Our mailing address is:

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